

West Wales Regional SC Championships 2025 - 14/11/2025 to 16/11/2025

Results - Session 5 (Warmup 8.00 - 9.00)

Event 311 Girls 11-12 50 SC Meter Breaststroke				27	Fenemore, Emily G	13	Carmarthen	50.18	
Name	Age	Team	Finals Time	Event 311 Girls 15-16 50 SC Meter Breaststroke					
1	Parry, Abigail	12	Carmarthen	36.13	1	Geach, Libbie	16	Amman Valley/Nofio Sir	37.54
2	Berner, Iyla	12	Carmarthen/Nofio Sir G	36.33	2	Ostrowski, Julia	16	PembrokeDist	38.60
3	Dashfield, Olivia	12	Tenby	41.36	3	Holloway, Olivia	16	Afan Valley	39.70
4	Beasley, Evaleigh D	12	Swansea Aq	41.66	4	Holmes, Seren	16	Afan Valley	40.00
5	Kurys, Bonnie P	12	Carmarthen	42.17	5	Alexander, Seren	15	Aberystwyth	41.46
6	Coles, Aria	12	Neath	42.19	6	Finney, Elsa	16	Aberystwyth	43.23
7	Szmigiero, Kaya	12	Aberystwyth	42.40	Event 311 Girls 17 & Over 50 SC Meter Breaststroke				
8	Henson, Jess	12	Tenby	42.93	Name	Age	Team	Finals Time	
9	Francis, Mia	12	Haverfordwes	43.68	1	Sait, Erika	19	Swansea Uni	33.78
10	Griffiths, Isla	12	Tenby	44.47	2	Owen, Kessie	17	Neath	34.73
11	Morris, Besi	12	Amman Valley	44.61	3	Jewell, Lily	23	Swansea Uni	36.83
12	Polverino, Tilly	12	Neath	45.23	4	Phillips, Emily	17	Neath	36.85
13	Williams, Evie	12	Milford Havn	45.86	5	Owen, Elain	20	Swansea Uni	39.83
14	Mason, Ezmee	12	Haverfordwes	45.93	Event 312 Boys 11-12 50 SC Meter Freestyle				
15	Lennon, Amelia-Rose	11	Carmarthen	45.99	Name	Age	Team	Finals Time	
16	Roberts, Arwyn	12	Afan Valley	46.85	1	Williams, Lucas C	11	Swansea Aq	30.35
17	Phillips, Isabelle	12	Haverfordwes	47.98	2	Lloyd, Vincent-Owen	12	Llanelli	31.17
18	Davies, Loti	12	C Dolphins	48.21	3	Bool, Iolo	12	Haverfordwes	31.77
19	Emam, Lina	12	Swansea Aq	48.39	4	Monan, Euan	12	Tenby	31.78
20	Alexander, Fflur	12	Aberystwyth	48.82	5	Leahy, Herbie	11	Haverfordwes	32.15
21	Iturbe, Carys	12	Afan Valley	49.28	6	Pyzer, Cyrus A	12	Carmarthen	32.50
22	Allan, Imogen	12	Afan Valley	50.33	7	Evans, Wolfgang	11	PembrokeDist	33.08
23	Rogers, Mia	11	PembrokeDist	51.16	8	Munt, Oliver	12	Haverfordwes	33.45
24	Prince, Edith S	11	Swansea Aq	51.17	9	Phillips, Ieuan	12	Fishguard	34.07
25	McFarlane, Mali	11	Milford Havn	51.89	10	Whatmore, Finley	12	Milford Havn	34.91
26	Watkins, Eleanor R	11	Afan Valley	51.97	11	Rees, Oscar	12	Llanelli	35.81
27	Knight, Anna	12	C Dolphins	53.88	12	Gorvett, Blu	11	Aberavon	35.92
28	Heatley, Darcey	11	Neath	54.65	13	Lummis, Arthur J	11	NexusValleys	35.97
29	Shepherd, Amelia H	11	C Dolphins	54.71	14	Jones, Carter A	12	Swansea Aq	36.02
30	Hyett, Antonina	11	C Dolphins	55.49	15	Gray, Ioan	11	Fishguard	36.66
Event 311 Girls 13-14 50 SC Meter Breaststroke				16	Fretwell, Logan	11	Milford Havn	37.15	
Name	Age	Team	Finals Time	17	Lewis, Ollie	11	Afan Valley	37.75	
1	Taffetsauffer, Isabella	14	Llanelli/Nofio Sir Gar	36.70	18	El Saghir, Karim S	11	Carmarthen	38.29
2	Bissicks, Cari	14	Neath	37.56	19	Mills, Flynn	11	Milford Havn	38.63
3	Davies, Isabella	14	Llanelli/Nofio Sir Gar	38.18	Event 312 Boys 13-14 50 SC Meter Freestyle				
4	Filmer, Gwennan	13	Aberystwyth	39.18	Name	Age	Team	Finals Time	
5	Summerfield, Lucy	13	Llanelli	39.55	1	Elmes, Max	14	Carmarthen/Nofio Sir G	26.64
6	Hughes, Mollie	14	C Dolphins	40.65	2	Morgan, Cole	14	C Dolphins	27.46
7	Pearce, Ava	14	Afan Valley	41.09	3	King, Ethan	13	Penyrheol	27.57
8	Kaill-Franks, Nia	14	Fishguard	41.65	4	Fogarty, Oliver	13	Fishguard	27.90
9	Hughes, Seren	14	Neath	42.57	5	Bevan, Driw	13	Llanelli	29.21
10	Davies, Erin	14	C Dolphins	42.62	6	Banner, Harry	13	Penyrheol	29.36
11	Harris, Chloe	13	C Dolphins	44.00	7	Mills, Thomas	14	Llanelli	29.55
12	Duncan, Ava	13	Amman Valley	44.29	8	Smith, Declan	14	Neath	29.79
13	Jones, Alaw R	13	Carmarthen	44.34	9	Lewis, Henry	13	Neath	30.04
14	Warrender, Isla	13	Aberystwyth	44.36	10	Morgan, Thomas	13	Neath	30.33
15	Williams, Grace	14	Neath	44.52	11	Moore, Hari	13	Fishguard	31.00
16	Dennison, Evie	13	Milford Havn	44.57	12	Phillips, Lucas	14	Haverfordwes	31.12
17	Davies, Betsi	13	Fishguard	44.66	13	Williams, Efan	13	Neath	31.20
18	Morris, Ffion	13	Tenby	44.69	14	Bowes, James F	13	Carmarthen	31.33
19	Heron, Edith	13	Aberystwyth	45.16	15	Green, William	13	Aberystwyth	31.34
20	Clement, Darcey	13	Afan Valley	45.27	16	Higgins, Finley J	14	Swansea Aq	31.39
21	Lloyd-Taylor, Cali	14	Fishguard	46.40	17	Marques-Jones, Felix	13	Carmarthen	31.49
22	Price, Seren-Louise	13	Llanelli	46.52	18	Phillips, Gethin	14	Haverfordwes	31.88
23	Massey, Mia	13	C Dolphins	47.71	19	Jones, Dion R	14	Carmarthen	32.93
24	Thomas, Leah	14	Haverfordwes	48.14	20	Jones, Tomi	13	Neath	33.58
25	Jenkins, Alys	13	Amman Valley	48.43					
26	Titley, Lola	13	Milford Havn	49.34					

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Results - Session 5 (Warmup 8.00 - 9.00)

(Event 312 Boys 13-14 50 SC Meter Freestyle)					2	Hall, Isabelle		14	Fishguard	5:45.62
NameAgeTeamFinals Time						36.96	43.02		43.97	44.18
21	Lummis, Oscar D	13	NexusValleys	33.60		49.56	49.51		40.36	38.06
22	George, Kieran	14	Milford Havn	33.65	3	Hall, Ellena		14	Fishguard	5:48.38
23	El Saghir, Mohamed S	14	Carmarthen	33.74		39.84	48.11		44.85	44.38
24	Lomas, Alexander	13	Fishguard	34.39		47.29	47.70		38.51	37.70
25	David, Ioan	13	Haverfordwes	34.48	4	Patterson, Hollie M		14	Carmarthen	5:51.83
26	Mcadie, Isaac	13	Neath	35.28		37.65	45.40		46.49	45.86
27	Jones, Bobby	13	Neath	36.07		48.93	49.90		38.99	38.61
*28	Noble, Reuben	13	Haverfordwes	36.44	5	Powell, Nina L		13	Carmarthen	5:58.09
*28	Lloyd- Roberts, Harry	13	Milford Havn	36.44		37.74	45.81		44.99	45.56
Event 312 Boys 15-16 50 SC Meter Freestyle						52.45	52.60		40.40	38.54
NameAgeTeamFinals Time					6	Mitrjaikina, Scarlet		13	Swansea Aq	6:19.27
1	Silverstone, Solomon	16	Haverfordwes	24.40		39.65	54.08		48.55	46.39
2	Stuart Lavender, Jac	15	Llanelli/Nofio Sir Gar	26.97		52.54	53.79		43.87	40.40
3	Phillips, Finley	15	Llanelli/Nofio Sir Gar	27.09	---	Pearce, Ava		14	Afan Valley	DQ
4	Chapman, Coby L	16	Penyrheol	27.24		39.30	49.19		52.89	49.56
5	Piotrowski, Bartosz	16	Fishguard	27.28		53.24	55.27		42.60	40.35
6	Galbraith, Elian	16	Llanelli	27.42	---	Dyde, Pheobe		13	PembrokeDist	DQ
7	Gray, Gruffudd I	16	Swansea Aq	27.66		37.69	47.16		48.13	47.57
8	Morgan, Ben	16	Haverfordwes	27.89		53.26	51.91		42.43	41.41
9	Lerigo, Oli	15	Aberystwyth	28.24	---	Jenkins, Elli J		14	Swansea Aq	DNF
10	Thomas, Tristan	15	Milford Havn	28.58		40.27	49.16			
11	Griffiths, Harri	15	C Dolphins	28.80	Event 313 Girls 15-16 400 SC Meter IM					
12	Poole, Tomos	15	Afan Valley	28.87	NameAgeTeamFinals Time					
13	Lewis, Callum	16	Milford Havn	29.06	1	Griffiths, Cerys		15	Haverfordwes	5:08.33
14	Smith, Caelan	15	Haverfordwes	29.23		32.29	37.41		40.19	38.73
15	Hall, Ethan	16	Fishguard	29.36		45.70	46.02		34.49	33.50
16	Foale, Jack	15	Aberystwyth	29.86	2	Nichols, Grace		15	Haverfordwes	5:22.16
17	Burt, Caio	15	Llanelli	30.07		32.84	40.02		39.07	38.14
18	Lewis, Cian	16	Neath	30.40		51.23	50.05		36.34	34.47
Event 312 Boys 17 & Over 50 SC Meter Freestyle					3	Holmes, Seren		16	Afan Valley	5:46.35
NameAgeTeamFinals Time						36.97	43.88		46.32	42.56
1	Greenway, Morgan	22	Swansea Uni	23.47		48.99	49.87		39.75	38.01
2	Meek, Emyr	28	Swansea Uni	24.88	Event 313 Girls 17 & Over 400 SC Meter IM					
3	Hawkins, Alfie	18	Swansea Uni	25.27	NameAgeTeamFinals Time					
4	Montague, Mason	17	Haverfordwes	25.58	1	Rees, Katie		27	Swansea Uni	5:04.17
5	Upton-Boorman, Liam	18	Carmarthen/Nofio Sir G	25.61		31.62	37.47		40.59	40.32
6	Jones, Lloyd	22	Swansea Uni	26.11		42.11	42.97		35.08	34.01
7	Gubb, Harvey	19	Neath	26.60	2	Williams, Jody		19	Swansea Uni	5:19.70
Event 313 Girls 11-12 400 SC Meter IM						33.89	39.66		40.41	39.58
NameAgeTeamFinals Time						45.53	46.50		37.78	36.35
1	Hawkins, Lottie	12	Haverfordwes	6:18.02	Event 314 Boys 11-12 200 SC Meter IM					
	40.31	49.71	45.46	45.33	NameAgeTeamFinals Time					
	56.14	55.49	43.14	42.44	1	Dadswell, Harry		12	Haverfordwes	2:54.68
2	Francis, Mia	12	Haverfordwes	6:39.01		36.32	45.53		53.33	39.50
	45.35	1:46.64	51.12	54.01	2	Lloyd, Vincent-Owen		12	Llanelli	2:55.00
	55.64	45.39	40.84	0.02		40.64	46.93		49.46	37.97
3	Morgan, Iolah	11	Haverfordwes	6:53.58	3	Monan, Euan		12	Tenby	2:57.39
	47.44	58.04	49.69	48.71		39.87	44.25		54.11	39.16
	58.11	59.76	46.14	45.69	4	Jermin, Morgan		12	Llanelli	2:57.45
---	Davies, Elizabeth	12	Tenby	DQ		38.74	44.52		55.49	38.70
	37.24	44.41	44.66	43.90	5	Bool, Iolo		12	Haverfordwes	2:57.58
	50.93	51.78	39.81	37.54		39.08	44.23		55.54	38.73
Event 313 Girls 13-14 400 SC Meter IM					6	Munt, Oliver		12	Haverfordwes	2:57.64
NameAgeTeamFinals Time						39.31	45.39		53.54	39.40
1	Davies, Isabella	14	Llanelli/Nofio Sir Gar	5:35.43	7	Pyzer, Cyrus A		12	Carmarthen	3:02.49
	37.32	43.44	43.06	41.70		40.71	45.43		54.14	42.21
	45.39	46.83	39.58	38.11	8	Rees, Oscar		12	Llanelli	3:09.56
						41.59	50.32		54.04	43.61

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Results - Session 5 (Warmup 8.00 - 9.00)

(Event 314 Boys 11-12 200 SC Meter IM)					4	Silverstone, Solomon	16	Haverfordwes	2:22.25
NameAgeTeamFinals Time						29.0137.48		44.4131.35	
9	Leahy, Herbie	11	Haverfordwes	3:10.68	5	Bennett, Finley	16	Haverfordwes	2:22.33
	41.1748.31		58.9042.30			30.2336.78		42.0233.30	
10	Whatmore, Finley	12	Milford Havn	3:15.97	6	Stuart Lavender, Jac	15	Llanelli/Nofio Sir Gar	2:24.50
	46.5349.33		57.7442.37			31.6841.42		37.2234.18	
11	Lummis, Arthur J	11	NexusValleys	3:16.03	7	Morgan, Ben	16	Haverfordwes	2:28.45
	43.4951.35		57.7743.42			31.6239.86		43.8533.12	
12	Gorvett, Blu	11	Aberavon	3:21.82	8	Davies, Gethin	16	Milford Havn	2:28.86
	50.5151.67		57.3242.32			31.1639.64		44.9633.10	
13	Fretwell, Logan	11	Milford Havn	3:36.17	9	Thomas, Rhys	15	Haverfordwes	2:32.55
	51.5454.36		1:03.7146.56			34.2638.24		44.8335.22	
14	Mills, Flynn	11	Milford Havn	3:36.69	10	Poole, Tomos	15	Afan Valley	2:40.09
	54.0556.21		58.2348.20			33.0940.76		47.5838.66	
Event 314 Boys 13-14 200 SC Meter IM					11	Lerigo, Oli	15	Aberystwyth	2:41.47
NameAgeTeamFinals Time						34.5940.70		47.6138.57	
1	Elmes, Max	14	Carmarthen/Nofio Sir G	2:22.80	12	Thomas, Tristan	15	Milford Havn	2:41.51
	30.4035.72		43.6733.01			33.3640.02		51.0437.09	
2	Harwood, Jack	14	Haverfordwes	2:27.32	13	Hall, Ethan	16	Fishguard	2:45.43
	30.2534.30		48.0034.77			34.3541.12		49.6840.28	
3	Noden, Rory	13	Haverfordwes	2:32.87	14	Smith, Caelan	15	Haverfordwes	2:46.83
	33.1737.71		48.8733.12			33.1946.34		47.9839.32	
4	Evans, Sam	13	Haverfordwes	2:33.12	15	Burt, Caio	15	Llanelli	2:49.42
	32.7538.75		47.3534.27			35.9346.20		49.8937.40	
5	Morgan, Cole	14	C Dolphins	2:33.29	16	Foale, Jack	15	Aberystwyth	3:00.97
	33.2539.06		46.3834.60			36.1645.18		55.0544.58	
6	Fogarty, Oliver	13	Fishguard	2:36.17	Event 314 Boys 17 & Over 200 SC Meter IM				
	32.6442.57		45.4735.49		NameAgeTeamFinals Time				
7	Morgan, Thomas	13	Neath	2:37.78	1	Fraser, Lewis	25	Swansea Uni	2:03.93
	33.7441.27		45.9936.78			25.7033.42		34.3830.43	
8	Bowes, James F	13	Carmarthen	2:44.28	2	Gillett, Oliver	18	Swansea Uni	2:07.22
	37.0341.87		48.5636.82			26.8232.06		38.1630.18	
9	Marques-Jones, Felix	13	Carmarthen	2:47.38	3	Bradley, Mathew Bradley	19	Swansea Uni	2:16.59
	36.0843.73		50.3537.22			28.6434.51		42.1731.27	
10	Antwhistle, Isaac J	13	Swansea Aq	2:47.61	4	Gubb, Harvey	19	Neath	2:18.01
	39.9243.18		49.0235.49			29.3036.05		41.1731.49	
11	Collins, Thomas	13	Penyrheol	2:49.78	5	Upton-Boorman, Liam	18	Carmarthen/Nofio Sir G	2:19.73
	35.0342.64		53.2938.82			29.2034.78		41.4334.32	
12	Banner, Harry	13	Penyrheol	2:52.90	6	Montague, Mason	17	Haverfordwes	2:20.98
	35.4744.60		54.5538.28			29.6835.41		42.5933.30	
13	Backen, Frederick	13	Fishguard	2:53.11	7	Hawkins, Alfie	18	Swansea Uni	2:46.48
	37.0244.76		50.2141.12			26.7947.69		50.2741.73	
14	Batcup, Oliver J	13	Swansea Aq	2:56.26	Event 315 Girls 11-12 100 SC Meter Butterfly				
	39.0647.25		46.3143.64		NameAgeTeamFinals Time				
15	Moore, Hari	13	Fishguard	2:57.56	1	Berner, Iyla	12	Carmarthen/Nofio Sir G	1:08.42
	36.3345.85		56.2139.17			32.3136.11			
16	Jones, Dion R	14	Carmarthen	3:06.99	2	Davies, Isla	12	Amman Valley/Nofio Sir	1:09.04
	45.8648.16		52.6440.33			31.9537.09			
17	Mcadie, Isaac	13	Neath	3:14.20	3	Davies, Elizabeth	12	Tenby	1:17.64
	45.1346.32		58.5744.18			36.4141.23			
18	George, Kieran	14	Milford Havn	3:20.53	4	Szmigiero, Kaya	12	Aberystwyth	1:19.50
	43.9045.25		1:03.0248.36			35.9543.55			
Event 314 Boys 15-16 200 SC Meter IM					5	Beasley, Evaleigh D	12	Swansea Aq	1:19.67
NameAgeTeamFinals Time						37.5442.13			
1	West, Dexter	16	Fishguard	2:11.39	6	Davies, Ava-Rose	12	Llanelli	1:21.80
	27.9331.76		40.2031.50			36.6445.16			
2	Thomas, Iolo	15	Neath	2:18.22	7	Parry, Abigail	12	Carmarthen	1:22.06
	29.3934.75		42.6131.47			37.1844.88			
3	Phillips, Finley	15	Llanelli/Nofio Sir Gar	2:18.93	8	Jones, Alexa	12	Llanelli	1:25.32
	30.9637.58		38.8731.52			38.9246.40			

West Wales Regional SC Championships 2025 - 14/11/2025 to 16/11/2025

Results - Session 5 (Warmup 8.00 - 9.00)

(Event 315 Girls 11-12 100 SC Meter Butterfly)				7	Jenkins, Alexandra G	16	Swansea Aq	1:20.05
Name		AgeTeam	Finals Time	36.89	43.16			
9	Kurys, Emiliese J	11 Carmarthen	1:25.71					
	39.43	46.28						
10	Hopkins, Darcy	12 Penyrheol	1:29.32					
	41.61	47.71						
11	Coles, Aria	12 Neath	1:29.79					
	41.27	48.52						
12	Edmunds, Freya	12 Llanelli	1:31.44					
	42.04	49.40						
13	Williams, Evie	12 Milford Havn	1:36.86					
	43.16	53.70						
Event 315 Girls 13-14 100 SC Meter Butterfly				Event 315 Girls 17 & Over 100 SC Meter Butterfly				
Name		AgeTeam	Finals Time	Name		AgeTeam	Finals Time	
1	Bissicks, Cari	14 Neath	1:10.66	1	Morris, Ciara	23 Swansea Uni	1:01.37	
	33.16	37.50			28.38	32.99		
2	Burns, Freya	14 Amman Valley/Nofio Sir	1:11.26	2	Lewis, Lowri	19 Neath	1:07.08	
	32.24	39.02			31.64	35.44		
3	McFarlane, Una	14 Milford Havn	1:13.25	3	Goodliffe, Faith	25 C Dolphins	1:11.00	
	33.92	39.33			31.95	39.05		
4	Taffetsauffer, Isabella	14 Llanelli/Nofio Sir Gar	1:13.96	4	Clissold, Elizabeth	19 Tenby	1:14.63	
	33.64	40.32			34.14	40.49		
5	Evans, Cadi	13 Penyrheol	1:16.09	5	Knight, Cari	17 Penyrheol	1:15.10	
	34.57	41.52			33.82	41.28		
6	Davies, Eva	14 Afan Valley	1:16.88	6	Miles, Megan	17 Fishguard	1:24.01	
	35.92	40.96			36.73	47.28		
7	Summerfield, Lucy	13 Llanelli	1:18.10	Event 315 Girls 100 SC Meter Butterfly Multi-Class				
	35.78	42.32		Name		AgeTeam	Finals Time	
8	Hall, Isabelle	14 Fishguard	1:18.54	1	Webb, Saskia S14	18 Haverfordwes	1:10.06	
	36.68	41.86			32.81	37.25		
9	Short, Amelia	14 Neath	1:18.84					
	36.06	42.78						
10	Griffiths, Ffion	14 Tenby	1:18.87					
	36.39	42.48						
11	Davies, Erin	14 C Dolphins	1:20.04					
	36.59	43.45						
12	Kaill-Franks, Nia	14 Fishguard	1:22.39					
	37.56	44.83						
13	Price, Seren-Louise	13 Llanelli	1:23.75					
	39.23	44.52						
14	Roberts Mylan, Ffion C	13 Swansea Aq	1:24.16					
	38.64	45.52						
15	Foldi, Kristina	13 Haverfordwes	1:31.36					
	41.56	49.80						
---	Morgan, Evelyn	14 Llanelli/Nofio Sir Gar	DQ					
	35.21	40.71						
Event 315 Girls 15-16 100 SC Meter Butterfly								
Name		AgeTeam	Finals Time					
1	Geach, Libbie	16 Amman Valley/Nofio Sir	1:07.66					
	30.97	36.69						
2	Williams, Marys E	16 Swansea Aq	1:11.58					
	32.73	38.85						
3	Ostrowski, Julia	16 PembrokeDist	1:15.07					
	33.72	41.35						
4	Thompson, Freya	15 Haverfordwes	1:16.31					
	34.80	41.51						
5	Koo, Kathryn	16 Tenby	1:17.65					
	34.66	42.99						
6	Mason, Phoebe	15 Haverfordwes	1:19.16					
	36.19	42.97						