

West Wales Regional SC Championships 2025 - 14/11/2025 to 16/11/2025

Results - Session 6 (Warmup 10.55 - 11.55)

Event 321 Boys 11-12 100 SC Meter Breaststroke					2	Phillips, Finley		15	Llanelli/Nofio Sir Gar	1:08.45
NameAgeTeamFinals Time						32.21	36.24			
1	Williams, Lucas C	11	Swansea Aq	1:25.89	3	West, Dexter		16	Fishguard	1:10.80
	40.79	45.10				33.16	37.64			
2	Lloyd, Vincent-Owen	12	Llanelli	1:28.80	4	Thomas, Rhys		15	Haverfordwes	1:17.55
	43.71	45.09				36.88	40.67			
3	Monan, Euan	12	Tenby	1:32.04	5	Hall, Ethan		16	Fishguard	1:17.86
	44.10	47.94				35.56	42.30			
4	Munt, Oliver	12	Haverfordwes	1:32.53	6	Smith, Caelan		15	Haverfordwes	1:19.29
	44.30	48.23				36.93	42.36			
5	Bool, Iolo	12	Haverfordwes	1:33.14	7	Davies, Gethin		16	Milford Havn	1:21.03
	44.67	48.47				38.55	42.48			
6	Dadswell, Harry	12	Haverfordwes	1:33.54	8	Lerigo, Oli		15	Aberystwyth	1:22.41
	45.20	48.34				38.66	43.75			
7	Rees, Oscar	12	Llanelli	1:39.49	9	Poole, Tomos		15	Afan Valley	1:24.42
	47.48	52.01				40.79	43.63			
8	Gorvett, Blu	11	Aberavon	1:42.89	10	Lewis, Cian		16	Neath	1:24.70
	50.89	52.00				39.28	45.42			
9	Evans, Wolfgang	11	PembrokeDist	1:43.34	Event 321 Boys 17 & Over 100 SC Meter Breaststroke					
	49.28	54.06			NameAgeTeamFinals Time					
10	Lummis, Arthur J	11	NexusValleys	1:45.04	1	Fraser, Lewis		25	Swansea Uni	1:00.69
	50.49	54.55				28.35	32.34			
11	Leahy, Herbie	11	Haverfordwes	1:45.10	2	Lovell-Pascal, Jean-Luc		20	Swansea Uni	1:05.64
	50.25	54.85				30.89	34.75			
12	Mills, Flynn	11	Milford Havn	1:50.38	3	Gillett, Oliver		18	Swansea Uni	1:08.57
	52.70	57.68				30.02	38.55			
13	El Saghir, Karim S	11	Carmarthen	1:52.00	4	Gubb, Harvey		19	Neath	1:11.05
	52.60	59.40				33.22	37.83			
Event 321 Boys 13-14 100 SC Meter Breaststroke					5	Upton-Boorman, Liam		18	Carmarthen/Nofio Sir G	1:11.27
NameAgeTeamFinals Time						33.09	38.18			
1	Morgan, Thomas	13	Neath	1:18.81	6	Montague, Mason		17	Haverfordwes	1:15.31
	37.11	41.70				35.85	39.46			
2	Crotty, Beau	14	PembrokeDist	1:20.61	Event 322 Girls 11-12 100 SC Meter Freestyle					
	37.89	42.72			NameAgeTeamFinals Time					
3	Fogarty, Oliver	13	Fishguard	1:20.75	1	Berner, Iyla		12	Carmarthen/Nofio Sir G	1:01.35
	38.53	42.22				29.46	31.89			
4	Noden, Rory	13	Haverfordwes	1:24.76	2	Davies, Isla		12	Amman Valley/Nofio Sir	1:01.42
	40.94	43.82				29.36	32.06			
5	Bevan, Driw	13	Llanelli	1:24.79	3	Davies, Elizabeth		12	Tenby	1:05.45
	39.93	44.86				31.37	34.08			
6	Smith, Jacob	13	Haverfordwes	1:24.80	4	Szmigiero, Kaya		12	Aberystwyth	1:06.78
	39.06	45.74				32.33	34.45			
7	Batcup, Oliver J	13	Swansea Aq	1:25.44	5	Davies, Ava-Rose		12	Llanelli	1:07.26
	40.27	45.17				32.48	34.78			
8	Smith, Declan	14	Neath	1:28.94	6	Beasley, Evaleigh D		12	Swansea Aq	1:08.27
	41.52	47.42				32.99	35.28			
9	Collins, Thomas	13	Penyrheol	1:29.78	7	Morris, Blair		12	Neath	1:08.64
	41.80	47.98				32.85	35.79			
10	Marques-Jones, Felix	13	Carmarthen	1:31.26	8	Mason, Ezmee		12	Haverfordwes	1:10.72
	43.95	47.31				33.87	36.85			
11	Antwhistle, Isaac J	13	Swansea Aq	1:31.56	9	Morris, Besi		12	Amman Valley	1:11.57
	44.14	47.42				34.10	37.47			
12	Lewis, Henry	13	Neath	1:32.40	10	Launder, Beatrix		12	Neath	1:11.86
	43.06	49.34				33.40	38.46			
13	Lloyd- Roberts, Harry	13	Milford Havn	1:40.68	11	Francis, Mia		12	Haverfordwes	1:12.24
	47.25	53.43				35.75	36.49			
Event 321 Boys 15-16 100 SC Meter Breaststroke					12	Hughes, Megan		12	C Dolphins	1:12.77
NameAgeTeamFinals Time						35.05	37.72			
1	Stuart Lavender, Jac	15	Llanelli/Nofio Sir Gar	1:08.30	*13	Griffiths, Isla		12	Tenby	1:14.35
	32.36	35.94				35.13	39.22			

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(Event 322 Girls 11-12 100 SC Meter Freestyle)					8	Morgan, Evelyn	14	Llanelli/Nofio Sir Gar	1:06.69
Name	Age	Team	Finals	Time		32.10	34.59		
*13 Jones, Alexa	12	Llanelli	1:14.35		9	Griffiths, Ffion	14	Tenby	1:07.12
36.00	38.35					31.92	35.20		
15 Kurys, Bonnie P	12	Carmarthen	1:14.50		10	Davies, Eva	14	Afan Valley	1:07.40
34.81	39.69					32.82	34.58		
16 Williams, Evie	12	Milford Havn	1:14.56		11	Jones, Hunydd	14	Carmarthen	1:07.44
36.35	38.21					32.35	35.09		
17 Henson, Jess	12	Tenby	1:14.75		12	Davies, Erin	14	C Dolphins	1:07.71
35.89	38.86					32.73	34.98		
18 Austin, Sophie Haf	12	C Dolphins	1:14.96		13	McFarlane, Una	14	Milford Havn	1:07.76
35.80	39.16					32.72	35.04		
19 Enoch, Erin L	11	Carmarthen	1:16.05		14	Summerfield, Lucy	13	Llanelli	1:07.92
36.12	39.93					32.66	35.26		
20 Prince, Edith S	11	Swansea Aq	1:16.21		15	Evans, Cadi	13	Penyrheol	1:08.03
35.33	40.88					33.12	34.91		
21 Roberts, Arwyn	12	Afan Valley	1:17.07		16	Price, Seren-Louise	13	Llanelli	1:08.56
36.68	40.39					33.32	35.24		
*22 Kellaway, Evie-Rosa	12	Aberystwyth	1:18.56		17	Powell, Nina L	13	Carmarthen	1:08.64
36.71	41.85					33.03	35.61		
*22 Hopkins, Darcy	12	Penyrheol	1:18.56		18	Mitrjaikina, Scarlet	13	Swansea Aq	1:08.83
38.02	40.54					33.21	35.62		
24 Iturbe, Carys	12	Afan Valley	1:18.62		19	Jenkins, Elli J	14	Swansea Aq	1:09.08
37.11	41.51					33.78	35.30		
25 Lennon, Amelia-Rose	11	Carmarthen	1:19.33		20	Harris, Chloe	13	C Dolphins	1:09.49
39.17	40.16					33.78	35.71		
26 Edmunds, Freya	12	Llanelli	1:19.97		21	Dyde, Pheobe	13	PembrokeDist	1:09.53
39.37	40.60					33.68	35.85		
27 Arnold, Olivia	12	Milford Havn	1:20.22		22	Williams, Eirwen	13	Neath	1:10.20
39.36	40.86					33.76	36.44		
28 Dashfield, Olivia	12	Tenby	1:20.60		23	Short, Amelia	14	Neath	1:10.36
38.26	42.34					33.75	36.61		
29 Jenkins, Olivia I	12	Swansea Aq	1:21.29		24	Williams, Grace	14	Neath	1:10.39
39.89	41.40					33.56	36.83		
30 Houlding, Holly	12	Neath	1:21.62		25	Pearce, Ava	14	Afan Valley	1:11.27
38.81	42.81					34.47	36.80		
31 Hope, Brooke	11	Tenby	1:24.06		26	Percival, Bella	13	C Dolphins	1:11.75
39.59	44.47					34.34	37.41		
32 Harding, Esmee	11	Neath	1:24.37		27	Pinnock, Betsan R	13	Swansea Aq	1:12.24
39.95	44.42					34.65	37.59		
33 Phillips, Isabelle	12	Haverfordwes	1:24.65		28	Foldi, Kristina	13	Haverfordwes	1:12.70
39.76	44.89					35.27	37.43		
34 Knight, Anna	12	C Dolphins	1:32.76		29	Morris, Ffion	13	Tenby	1:12.74
42.75	50.01					35.70	37.04		
Event 322 Girls 13-14 100 SC Meter Freestyle					30	Thomas, Carys	14	Penyrheol	1:13.36
Name	Age	Team	Finals	Time		35.52	37.84		
1 Patterson, Hollie M	14	Carmarthen	1:03.46		31	Duncan, Ava	13	Amman Valley	1:13.93
30.42	33.04					35.46	38.47		
2 Burns, Freya	14	Amman Valley/Nofio Sir	1:03.60		32	Wells, Iris	14	C Dolphins	1:14.15
30.09	33.51					35.46	38.69		
3 Filmer, Gwennan	13	Aberystwyth	1:04.19		33	Andreassen, Freya	14	Amman Valley	1:14.52
30.48	33.71					35.91	38.61		
4 Bissicks, Cari	14	Neath	1:04.83		34	Lloyd-Taylor, Cali	14	Fishguard	1:14.82
31.26	33.57					36.10	38.72		
5 Goodman, Lola	14	Swansea Aq	1:05.45		35	Clement, Darcey	13	Afan Valley	1:15.92
31.54	33.91					36.16	39.76		
6 Goodman, Evie	14	Swansea Aq	1:06.39		36	Fenemore, Emily G	13	Carmarthen	1:16.28
31.74	34.65					36.72	39.56		
7 Rowland, Scarlett	13	Neath	1:06.61		37	Jones, Alaw R	13	Carmarthen	1:16.31
32.29	34.32					36.11	40.20		
					38	Roberts Mylan, Ffion C	13	Swansea Aq	1:16.44
						36.13	40.31		

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(Event 322 Girls 13-14 100 SC Meter Freestyle)				
Name		Age	Team	Finals Time
39	David, Emily	14	Haverfordwes	1:16.46
	35.67	40.79		
40	Hughes, Seren	14	Neath	1:16.82
	35.05	41.77		
41	Pitans, Caitlin R	13	Swansea Aq	1:16.99
	36.31	40.68		
42	Thomas, Leah	14	Haverfordwes	1:18.28
	37.36	40.92		
43	Macy, Lili A	14	Aberystwyth	1:18.44
	36.29	42.15		
44	Massey, Mia	13	C Dolphins	1:18.96
	38.39	40.57		
45	Warrender, Isla	13	Aberystwyth	1:20.54
	38.63	41.91		
46	Jenkins, Alys	13	Amman Valley	1:20.67
	37.78	42.89		
47	Dennison, Evie	13	Milford Havn	1:20.73
	38.62	42.11		
48	Roberts, Grace	13	C Dolphins	1:22.38
	39.05	43.33		
49	Roberts Mylan, Sophie I	13	Swansea Aq	1:24.64
	39.00	45.64		
---	Joseph, Ellie	13	C Dolphins	DQ
	39.07	43.11		
Event 322 Girls 15-16 100 SC Meter Freestyle				
Name		Age	Team	Finals Time
1	Griffiths, Cerys	15	Haverfordwes	58.89
	28.95	29.94		
2	Nichols, Grace	15	Haverfordwes	59.57
	28.74	30.83		
3	Geach, Libbie	16	Amman Valley/Nofio Sir	1:00.86
	29.63	31.23		
4	Williams, Marys E	16	Swansea Aq	1:05.19
	31.60	33.59		
5	Thompson, Freya	15	Haverfordwes	1:05.27
	31.03	34.24		
6	Koo, Kathryn	16	Tenby	1:06.28
	31.34	34.94		
7	Holmes, Seren	16	Afan Valley	1:06.78
	32.10	34.68		
8	Ostrowski, Julia	16	PembrokeDist	1:07.11
	32.28	34.83		
9	Bruce, Skye	16	Tenby	1:07.30
	32.44	34.86		
10	Jenkins, Alexandra G	16	Swansea Aq	1:09.51
	33.35	36.16		
11	Powell, Lottie	15	Neath	1:10.54
	33.22	37.32		
12	Gale, Jasmine	15	Afan Valley	1:13.16
	35.31	37.85		
13	Finney, Elsa	16	Aberystwyth	1:13.80
	34.76	39.04		
14	Jones, Ashleigh R	15	Carmarthen	1:14.07
	34.85	39.22		
Event 322 Girls 17 & Over 100 SC Meter Freestyle				
Name		Age	Team	Finals Time
1	Patterson, Millie	19	Swansea Uni	58.60
	28.15	30.45		

2	Lewis, Lowri		19	Neath	1:01.08
	29.33	31.75			
3	Carter, Ava		17	Penyrheol	1:01.73
	29.15	32.58			
4	King, Marley		17	Penyrheol	1:01.77
	29.47	32.30			
5	Clissold, Bronwyn		17	Tenby	1:01.96
	29.87	32.09			
6	Williams, Hollie		18	Llanelli/Nofio Sir Gar	1:02.98
	30.34	32.64			
7	Moorby, Charlie		19	Swansea Uni	1:03.98
	30.64	33.34			
8	Clissold, Elizabeth		19	Tenby	1:05.31
	31.24	34.07			
9	Lewis, Carys		18	Swansea Uni	1:06.08
	31.61	34.47			
10	Knight, Cari		17	Penyrheol	1:06.35
	31.85	34.50			
Event 322 Girls 100 SC Meter Freestyle Multi-Class					
Name		Age		Team	Finals Time
1	Webb, Saskia S14		18	Haverfordwes	1:06.16
	32.00	34.16			
Event 323 Boys 13-14 800 SC Meter Freestyle					
Name		Age		Team	Finals Time
1	Harwood, Jack		14	Haverfordwes	9:31.95
	30.69	34.60		35.78	36.31
	36.21	36.22		36.29	36.62
	36.34	36.30		36.64	36.25
	36.04	36.26		36.47	34.93
2	Bowes, James F		13	Carmarthen	10:03.43
	33.51	36.38		37.19	37.58
	37.96	37.55		38.58	38.09
	38.76	39.28		38.21	39.21
	38.73	38.78		37.71	35.91
3	Higgins, Finley J		14	Swansea Aq	10:55.05
	34.75	40.86		40.27	41.96
	41.99	42.82		43.02	42.07
	41.83	42.13		41.54	41.99
	40.92	41.51		40.43	36.96
4	Jones, Tomi		13	Neath	12:08.29
	38.50	44.89		45.88	46.44
	47.26	46.55		46.39	46.31
	45.82	46.60		46.84	46.70
	46.52	47.17		45.16	41.26
5	Mcadie, Isaac		13	Neath	12:26.49
	39.77	46.00		47.24	47.56
	47.94	47.93		48.24	47.69
	48.00	47.00		47.32	46.79
	47.29	47.25		46.79	43.68
Event 323 Boys 15-16 800 SC Meter Freestyle					
Name		Age		Team	Finals Time
1	Bennett, Finley		16	Haverfordwes	8:54.63
	30.17	32.51		32.91	33.37
	33.62	33.75		34.16	34.20
	34.27	34.37		34.23	33.91
	33.79	33.51		33.77	32.09

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(Event 323 Boys 15-16 800 SC Meter Freestyle)					20	Shepherd, Amelia H	11	C Dolphins	4:07.76	
Name		AgeTeam		Finals Time	58.18		1:03.96		1:04.33	1:01.29
2	Williams, Thomas	15	Llanelli/Nofio Sir Gar	9:02.79						
	30.71	33.14	33.84	34.14						
	33.91	34.23	34.42	34.23						
	34.28	34.37	34.48	34.45						
	34.86	34.45	34.17	33.11						
3	Morgan, Ben	16	Haverfordwes	9:35.56						
	31.77	34.68	35.79	36.21						
	36.07	35.96	36.65	36.29						
	36.67	36.77	36.87	36.94						
	37.09	36.70	36.44	34.66						
Event 323 Boys 17 & Over 800 SC Meter Freestyle										
Name		AgeTeam		Finals Time						
1	Mistry, Manav Mistry	18	Swansea Uni	8:41.47						
	29.80	32.16	32.62	32.75						
	32.79	33.15	32.93	33.04						
	33.12	32.67	32.60	32.88						
	33.08	33.05	33.00	31.83						
Event 324 Girls 11-12 200 SC Meter Breaststroke										
Name		AgeTeam		Finals Time						
1	Berner, Iyla	12	Carmarthen/Nofio Sir G	2:49.47						
	38.92	43.14	43.84	43.57						
2	Parry, Abigail	12	Carmarthen	2:49.51						
	37.45	43.34	44.51	44.21						
3	Davies, Elizabeth	12	Tenby	3:11.11						
	43.84	49.06	49.54	48.67						
4	Dashfield, Olivia	12	Tenby	3:16.21						
	44.21	50.32	51.61	50.07						
5	Coles, Aria	12	Neath	3:20.07						
	45.61	51.82	52.04	50.60						
6	Kurys, Bonnie P	12	Carmarthen	3:23.53						
	47.66	52.56	52.41	50.90						
*7	Polverino, Tilly	12	Neath	3:27.94						
	47.15	53.18	54.25	53.36						
*7	Kurys, Emiliese J	11	Carmarthen	3:27.94						
	47.20	54.65	54.61	51.48						
9	Hawkins, Lottie	12	Haverfordwes	3:33.17						
	48.66	54.53	55.23	54.75						
10	Williams, Evie	12	Milford Havn	3:34.05						
	50.73	54.92	55.03	53.37						
11	Griffiths, Isla	12	Tenby	3:34.92						
	47.01	53.60	58.31	56.00						
12	Kellaway, Evie-Rosa	12	Aberystwyth	3:40.28						
	49.85	56.93	56.99	56.51						
13	Morgan, Iolah	11	Haverfordwes	3:43.73						
	52.07	57.49	57.90	56.27						
14	Lennon, Amelia-Rose	11	Carmarthen	3:46.44						
	51.54	58.11	58.50	58.29						
15	Alexander, Fflur	12	Aberystwyth	3:51.30						
	54.40	58.88	1:00.63	57.39						
16	Phillips, Isabelle	12	Haverfordwes	3:51.41						
	51.62	1:00.70	1:00.35	58.74						
17	McFarlane, Mali	11	Milford Havn	3:59.82						
	53.54	1:02.53	1:03.78	59.97						
18	Watkins, Eleanor R	11	Afan Valley	4:06.12						
	55.98	1:02.23	1:03.06	1:04.85						
19	Rogers, Mia	11	PembrokeDist	4:06.82						
	56.80	1:03.31	1:04.20	1:02.51						

Event 324 Girls 13-14 200 SC Meter Breaststroke				
Name		AgeTeam		Finals Time
1	Davies, Isabella	14	Llanelli/Nofio Sir Gar	2:50.37
	39.64	43.73	43.63	43.37
2	Taffetsauffer, Isabella	14	Llanelli/Nofio Sir Gar	2:53.64
	38.98	44.29	45.05	45.32
3	Hall, Ellena	14	Fishguard	2:59.17
	41.10	45.60	46.27	46.20
4	Hall, Isabelle	14	Fishguard	3:04.15
	42.18	46.47	47.53	47.97
5	Kaill-Franks, Nia	14	Fishguard	3:10.88
	44.20	48.26	50.04	48.38
6	Hughes, Mollie	14	C Dolphins	3:12.09
	43.16	48.64	50.63	49.66
7	Powell, Nina L	13	Carmarthen	3:25.38
	46.55	52.20	54.29	52.34
8	Clement, Darcey	13	Afan Valley	3:26.73
	47.76	53.26	52.55	53.16
9	Dennison, Evie	13	Milford Havn	3:34.05
	48.50	54.44	57.11	54.00
10	Davies, Betsi	13	Fishguard	3:35.69
	49.06	55.37	56.66	54.60
11	Heron, Edith	13	Aberystwyth	3:38.94
	50.93	56.42	53.88	57.71
---	Jones, Alaw R	13	Carmarthen	DQ
	46.95	54.65	56.47	55.08
Event 324 Girls 15-16 200 SC Meter Breaststroke				
Name		AgeTeam		Finals Time
1	Holmes, Seren	16	Afan Valley	3:04.51
	40.95	47.25	48.37	47.94
2	Ostrowski, Julia	16	PembrokeDist	3:10.33
	43.73	48.43	48.73	49.44
3	Holloway, Olivia	16	Afan Valley	3:12.72
	43.06	49.36	50.12	50.18
4	Mason, Phoebe	15	Haverfordwes	3:15.94
	44.55	49.45	50.67	51.27
5	Alexander, Seren	15	Aberystwyth	3:18.11
	43.93	50.96	51.90	51.32
6	Finney, Elsa	16	Aberystwyth	3:19.83
	44.23	50.91	52.93	51.76
Event 324 Girls 17 & Over 200 SC Meter Breaststroke				
Name		AgeTeam		Finals Time
1	Rees, Katie	27	Swansea Uni	2:38.52
	35.40	39.81	41.11	42.20
2	Owen, Kessie	17	Neath	2:49.56
	37.75	44.31	44.75	42.75
3	Phillips, Emily	17	Neath	2:56.33
	39.96	44.86	46.04	45.47
Event 325 Boys 11-12 50 SC Meter Backstroke (Skins)				
Name		AgeTeam		Finals Time
1	Monan, Euan	12	Tenby	36.25
2	Bool, Iolo	12	Haverfordwes	37.04
3	Jermin, Morgan	12	Llanelli	38.52
4	Pyzer, Cyrus A	12	Carmarthen	39.11
5	Dadswell, Harry	12	Haverfordwes	39.26
6	Munt, Oliver	12	Haverfordwes	39.30
7	Lloyd, Vincent-Owen	12	Llanelli	40.12

West Wales Regional SC Championships 2025 - 14/11/2025 to 16/11/2025**Results - Session 6 (Warmup 10.55 - 11.55)****(Event 325 Boys 11-12 50 SC Meter Backstroke (Skins))**

	Name	AgeTeam	Finals Time
8	Rees, Oscar	12 Llanelli	43.77

Event 327 Boys 15-16 50 SC Meter Backstroke (Skins)

	Name	AgeTeam	Finals Time
1	Thomas, Iolo	15 Neath	29.46
2	West, Dexter	16 Fishguard	29.92
3	Bennett, Finley	16 Haverfordwes	31.07
4	Phillips, Finley	15 Llanelli/Nofio Sir Gar	31.39
5	Silverstone, Solomon	16 Haverfordwes	31.60
6	Davies, Gethin	16 Milford Havn	32.33
7	Stuart Lavender, Jac	15 Llanelli/Nofio Sir Gar	33.14
8	Morgan, Ben	16 Haverfordwes	36.37

Event 328 Boys 17 & Over 50 SC Meter Butterfly (Skins)

	Name	AgeTeam	Finals Time
1	Fraser, Lewis	25 Swansea Uni	26.82
2	Hawkins, Alfie	18 Swansea Uni	26.89
3	Bradley, Mathew Bradley	19 Swansea Uni	27.26
4	Upton-Boorman, Liam	18 Carmarthen/Nofio Sir G	27.75
5	Gillett, Oliver	18 Swansea Uni	27.97
6	Gubb, Harvey	19 Neath	28.55
7	Montague, Mason	17 Haverfordwes	28.85