

West Wales Regional SC Championships 2025 - 14/11/2025 to 16/11/2025

Results - Session 7 (Warmup 2.35 - 3.35)

Event 331 Boys 11-12 200 SC Meter Backstroke					3	Beasley, Evaleigh D	12	Swansea Aq	1:12.79
NameAgeTeamFinals Time						35.9536.84			
1	Monan, Euan	12	Tenby	2:48.60	4	Szmigiero, Kaya	12	Aberystwyth	1:14.00
	40.2743.72		44.0240.59			36.2537.75			
2	Pyzer, Cyrus A	12	Carmarthen	2:50.70	5	Davies, Elizabeth	12	Tenby	1:14.93
	41.3943.94		43.5541.82			36.5238.41			
3	Jermin, Morgan	12	Llanelli	2:50.83	6	Hawkins, Lottie	12	Haverfordwes	1:15.99
	40.6444.04		44.5241.63			37.6338.36			
4	Bool, Iolo	12	Haverfordwes	2:55.54	7	Morris, Blair	12	Neath	1:18.68
	40.6345.38		46.6342.90			37.4341.25			
5	Dadswell, Harry	12	Haverfordwes	2:56.57	8	Griffiths, Isla	12	Tenby	1:19.48
	43.6245.79		44.6242.54			37.9241.56			
6	Lewis, Gethin	11	Neath	3:01.31	9	Morris, Besi	12	Amman Valley	1:19.55
	41.5145.68		47.0547.07			38.4241.13			
7	Jones, Carter A	12	Swansea Aq	3:07.33	10	Prevel, Tilly	12	PembrokeDist	1:22.17
	41.8248.06		50.0347.42			40.9341.24			
8	Fretwell, Logan	11	Milford Havn	3:22.09	11	Jones, Alexa	12	Llanelli	1:22.28
	50.2351.77		1:40.09			40.1942.09			
Event 331 Boys 13-14 200 SC Meter Backstroke					12	Williams, Evie	12	Milford Havn	1:24.06
NameAgeTeamFinals Time						42.3941.67			
1	Harwood, Jack	14	Haverfordwes	2:20.24	13	Kurys, Bonnie P	12	Carmarthen	1:25.33
	33.3134.97		36.4735.49			40.8544.48			
2	Elmes, Max	14	Carmarthen/Nofio Sir G	2:20.79	14	Henson, Jess	12	Tenby	1:26.81
	32.4035.75		36.1236.52			42.3744.44			
3	King, Ethan	13	Penyrheol	2:21.02	15	Morgan, Iolah	11	Haverfordwes	1:27.37
	32.8736.43		36.8334.89			42.6244.75			
4	Noden, Rory	13	Haverfordwes	2:34.07	16	Kellaway, Evie-Rosa	12	Aberystwyth	1:28.02
	35.5639.50		40.2938.72			42.4445.58			
5	Morgan, Thomas	13	Neath	2:35.93	17	Francis, Mia	12	Haverfordwes	1:28.04
	37.1539.51		40.4138.86			43.2344.81			
6	Antwhistle, Isaac J	13	Swansea Aq	2:39.80	18	Jenkins, Olivia I	12	Swansea Aq	1:29.71
	40.0639.90		41.2138.63			43.9845.73			
7	Green, William	13	Aberystwyth	2:45.72	19	Enoch, Erin L	11	Carmarthen	1:29.88
	38.8943.29		43.7339.81			44.6145.27			
8	Marques-Jones, Felix	13	Carmarthen	2:46.03	20	Arnold, Olivia	12	Milford Havn	1:29.97
	40.1943.55		42.7439.55			44.0245.95			
Event 331 Boys 15-16 200 SC Meter Backstroke					21	Edmunds, Freya	12	Llanelli	1:31.49
NameAgeTeamFinals Time						44.6046.89			
1	West, Dexter	16	Fishguard	2:04.13	22	Dashfield, Olivia	12	Tenby	1:33.07
	29.4531.58		31.5831.52			44.9648.11			
2	Thomas, Iolo	15	Neath	2:11.62	23	Phillips, Isabelle	12	Haverfordwes	1:34.97
	30.1333.55		34.5033.44			46.0748.90			
3	Lerigo, Oli	15	Aberystwyth	2:37.21	24	Harding, Esmee	11	Neath	1:35.73
	35.9141.06		42.3637.88			46.2849.45			
4	Hall, Ethan	16	Fishguard	2:40.85	25	Antwhistle, Esme W	11	Swansea Aq	1:38.44
	37.9940.99		41.7140.16			47.2551.19			
5	Stuart Lavender, Jac	15	Llanelli/Nofio Sir Gar	2:42.70	26	Harvey, Olivia	11	PembrokeDist	1:41.19
	34.2942.75		42.9042.76			48.5252.67			
Event 331 Boys 17 & Over 200 SC Meter Backstroke					27	Shepherd, Amelia H	11	C Dolphins	1:44.71
NameAgeTeamFinals Time						51.6453.07			
1	White, Adam	18	Swansea Uni	2:15.62	Event 332 Girls 13-14 100 SC Meter Backstroke				
	30.4033.89		35.5035.83		NameAgeTeamFinals Time				
Event 332 Girls 11-12 100 SC Meter Backstroke					1	Taffetsauffer, Isabella	14	Llanelli/Nofio Sir Gar	1:10.31
NameAgeTeamFinals Time						34.0736.24			
1	Davies, Isla	12	Amman Valley/Nofio Sir	1:07.35	2	Jones, Hunydd	14	Carmarthen	1:11.63
	32.8034.55					34.7636.87			
2	Berner, Iyla	12	Carmarthen/Nofio Sir G	1:08.14	3	McFarlane, Una	14	Milford Havn	1:15.26
	33.5034.64					36.9838.28			
					4	Short, Amelia	14	Neath	1:16.45
						37.1239.33			

West Wales Regional SC Championships 2025 - 14/11/2025 to 16/11/2025

Results - Session 7 (Warmup 2.35 - 3.35)

(Event 332 Girls 13-14 100 SC Meter Backstroke)					2	Williams, Jody		19	Swansea Uni	1:07.75
NameAgeTeamFinals Time						32.85	34.90			
5	Griffiths, Ffion	14	Tenby	1:16.70	3	Smart, Charlotte		18	Swansea Uni	1:08.28
	36.99	39.71				32.65	35.63			
6	Davies, Eva	14	Afan Valley	1:18.04	4	Carter, Ava		17	Penyrheol	1:10.93
	37.82	40.22				33.92	37.01			
7	Pinnock, Betsan R	13	Swansea Aq	1:18.40	5	Lewis, Carys		18	Swansea Uni	1:13.23
	37.79	40.61				35.14	38.09			
8	Powell, Nina L	13	Carmarthen	1:19.64	6	Clissold, Bronwyn		17	Tenby	1:13.32
	39.16	40.48				35.81	37.51			
9	Price, Seren-Louise	13	Llanelli	1:20.24	7	Roberts, Holly		18	Swansea Uni	1:14.18
	39.89	40.35				35.32	38.86			
10	Roberts Mylan, Ffion C	13	Swansea Aq	1:22.00	8	Williams, Hollie		18	Llanelli/Nofio Sir Gar	1:14.65
	40.16	41.84				35.77	38.88			
11	Andreassen, Freya	14	Amman Valley	1:22.19	Event 332 Girls 100 SC Meter Backstroke Multi-Class					
	39.74	42.45			NameAgeTeamFinals Time					
12	Duncan, Ava	13	Amman Valley	1:22.56	1	Webb, Saskia S14		18	Haverfordwes	1:12.77
	39.96	42.60				35.20	37.57			
13	Morris, Ffion	13	Tenby	1:22.57	Event 333 Boys 13-14 200 SC Meter Butterfly					
	39.92	42.65			NameAgeTeamFinals Time					
14	Dyde, Pheobe	13	PembrokeDist	1:22.93	1	Evans, Sam		13	Haverfordwes	2:43.54
	39.88	43.05				33.98	39.82	43.40	46.34	
15	Wells, Iris	14	C Dolphins	1:23.37	Event 333 Boys 15-16 200 SC Meter Butterfly					
	40.89	42.48			NameAgeTeamFinals Time					
16	Thomas, Leah	14	Haverfordwes	1:24.92	1	Davies, Gethin		16	Milford Havn	2:31.71
	41.44	43.48				31.90	37.98	40.97	40.86	
17	Foldi, Kristina	13	Haverfordwes	1:25.60	2	Morgan, Ben		16	Haverfordwes	2:33.77
	42.22	43.38				32.38	38.19	41.10	42.10	
18	Davies, Betsi	13	Fishguard	1:28.99	Event 333 Boys 17 & Over 200 SC Meter Butterfly					
	42.79	46.20			NameAgeTeamFinals Time					
19	Dennison, Evie	13	Milford Havn	1:29.89	1	Edwards, Rhys		23	Swansea Uni	2:00.44
	43.17	46.72				26.25	29.60	31.27	33.32	
20	Macy, Ceri	13	Aberystwyth	1:34.01	2	Bradley, Mathew Bradley		19	Swansea Uni	2:08.67
	46.08	47.93				28.90	33.29	33.24	33.24	
Event 332 Girls 15-16 100 SC Meter Backstroke					3	Jones, Lloyd		22	Swansea Uni	2:29.55
NameAgeTeamFinals Time						30.34	36.77	40.36	42.08	
1	Nichols, Grace	15	Haverfordwes	1:03.75	Event 334 Girls 11-12 400 SC Meter Freestyle					
	30.42	33.33			NameAgeTeamFinals Time					
2	Bruce, Skye	16	Tenby	1:12.24	1	Berner, Iyla		12	Carmarthen/Nofio Sir G	4:47.82
	35.38	36.86				32.59	35.32	36.47	36.67	
3	Thompson, Freya	15	Haverfordwes	1:14.54		37.01	37.59	37.29	34.88	
	35.79	38.75			2	Beasley, Evaleigh D		12	Swansea Aq	5:15.94
4	Upton-Boorman, Isabella	15	Carmarthen/Nofio Sir G	1:15.01		37.35	40.64	40.75	40.77	
	35.62	39.39				41.58	38.99	38.91	36.95	
5	Williams, Marys E	16	Swansea Aq	1:15.79	3	Parry, Abigail		12	Carmarthen	5:21.69
	37.08	38.71				35.94	41.32	42.00	41.45	
6	Koo, Kathryn	16	Tenby	1:16.07		40.75	41.26	40.31	38.66	
*7	Ostrowski, Julia	16	PembrokeDist	1:17.10	4	Kurys, Emiliese J		11	Carmarthen	5:24.32
	37.13	39.97				35.51	40.16	41.89	41.95	
*7	Jenkins, Alexandra G	16	Swansea Aq	1:17.10		42.53	41.63	42.32	38.33	
	38.11	38.99			5	Mason, Ezmee		12	Haverfordwes	5:36.48
9	Alexander, Seren	15	Aberystwyth	1:18.42		36.62	40.25	42.31	43.63	
	38.10	40.32				44.47	45.77	43.24	40.19	
10	Powell, Lottie	15	Neath	1:23.52	6	Hughes, Megan		12	C Dolphins	5:39.22
	39.50	44.02				35.98	41.09	42.74	44.15	
Event 332 Girls 17 & Over 100 SC Meter Backstroke						44.83	45.10	43.86	41.47	
NameAgeTeamFinals Time					7	Henson, Jess		12	Tenby	5:44.25
1	Harris, Medi	23	Swansea Uni	59.90		38.84	42.86	43.53	44.16	
	28.80	31.10				44.24	44.39	44.20	42.03	

West Wales Regional SC Championships 2025 - 14/11/2025 to 16/11/2025

Results - Session 7 (Warmup 2.35 - 3.35)

(Event 334 Girls 11-12 400 SC Meter Freestyle)					14	Roberts-Truman, Betsan H	13	Neath	5:45.43
Name		AgeTeam		Finals Time		37.02	43.50	44.55	45.12
8	Kurys, Bonnie P	12	Carmarthen	5:48.52		45.18	45.25	43.61	41.20
	38.01	44.83	44.52	46.15					
	45.38	44.60	43.96	41.07	15	Wells, Iris	14	C Dolphins	5:46.50
9	Lauder, Beatrix	12	Neath	6:00.11		37.72	43.36	43.70	44.66
	38.78	44.92	47.10	46.06		45.33	45.39	44.42	41.92
	46.57	46.20	46.62	43.86	16	Roberts Mylan, Sophie I	13	Swansea Aq	5:51.78
10	Enoch, Erin L	11	Carmarthen	6:01.05		37.90	1:29.37	45.65	1:30.46
	40.18	45.05	45.66	47.02		1:28.41			
	47.21	47.35	45.54	43.04	17	Thomas, Carys	14	Penyrheol	5:54.86
11	Iturbe, Carys	12	Afan Valley	6:09.34		40.40	44.81	45.39	45.69
	41.35	46.29	47.59	48.60		45.07	45.03	44.24	44.23
	48.09	47.43	46.08	43.91	Event 334 Girls 15-16 400 SC Meter Freestyle				
12	Morgan, Iolah	11	Haverfordwes	6:12.31	Name		AgeTeam		Finals Time
	40.85	46.76	47.69	48.25	1	Griffiths, Cerys	15	Haverfordwes	4:20.85
	48.04	47.91	49.45	43.36		29.88	32.70	33.13	33.15
13	Harding, Esmee	11	Neath	6:31.09		33.50	32.79	33.69	32.01
	43.76	48.45	49.95	49.82	2	Thompson, Freya	15	Haverfordwes	4:52.97
	51.26	51.27	50.46	46.12		33.01	36.93	37.66	37.61
Event 334 Girls 13-14 400 SC Meter Freestyle						37.33	37.22	37.14	36.07
Name		AgeTeam		Finals Time	3	Bruce, Skye	16	Tenby	5:07.61
1	Filmer, Gwennan	13	Aberystwyth	4:50.57		34.17	38.37	39.87	39.46
	31.28	35.87	37.67	37.77		38.89	38.83	39.23	38.79
	37.61	37.99	37.51	34.87	4	Holmes, Seren	16	Afan Valley	5:10.29
2	Patterson, Hollie M	14	Carmarthen	4:58.06		34.69	38.24	39.17	39.86
	32.97	37.16	37.96	38.49		40.34	39.39	39.91	38.69
	38.45	38.45	38.43	36.15	5	Mason, Phoebe	15	Haverfordwes	5:15.31
3	McFarlane, Una	14	Milford Havn	5:02.27		34.97	38.73	39.44	39.54
	33.64	36.93	37.82	38.95		40.19	40.44	41.76	40.24
	38.63	39.36	39.23	37.71	6	Holloway, Olivia	16	Afan Valley	5:28.72
4	Morgan, Evelyn	14	Llanelli/Nofio Sir Gar	5:04.18		36.87	40.71	42.02	42.42
	33.84	37.89	39.13	39.22		42.23	42.99	42.34	39.14
	38.12	38.53	39.53	37.92	7	Evans, Katie	15	Penyrheol	5:32.87
5	Hall, Isabelle	14	Fishguard	5:07.71		34.77	39.53	41.67	42.20
	33.99	37.22	38.79	39.12		42.52	44.52	44.18	43.48
	39.85	39.94	39.95	38.85	8	Jones, Ashleigh R	15	Carmarthen	5:56.03
6	Jenkins, Elli J	14	Swansea Aq	5:10.10		39.47	43.77	45.96	45.91
	36.21	38.94	39.91	40.48		45.82	46.07	46.07	42.96
	40.13	37.50	38.02	38.91	Event 334 Girls 17 & Over 400 SC Meter Freestyle				
7	Hall, Ellena	14	Fishguard	5:10.95	Name		AgeTeam		Finals Time
	35.10	38.68	39.29	39.73	1	Patterson, Millie	19	Swansea Uni	4:23.01
	39.80	40.02	39.35	38.98		29.47	31.99	32.28	33.52
8	Powell, Nina L	13	Carmarthen	5:16.93		33.51	34.05	34.43	33.76
	35.00	39.86	40.89	39.94	2	Clissold, Bronwyn	17	Tenby	4:50.74
	40.90	40.79	40.50	39.05		31.58	36.18	36.92	37.73
9	Price, Seren-Louise	13	Llanelli	5:25.06		37.51	37.29	37.25	36.28
	36.13	40.42	41.50	42.21	3	Moorby, Charlie	19	Swansea Uni	4:57.32
	42.04	41.80	41.88	39.08		32.41	36.67	37.85	38.50
10	Williams, Eirwen	13	Neath	5:28.62		38.61	38.66	38.49	36.13
	35.67	40.55	42.43	42.90	4	Clifford, Bethany	18	Neath	5:03.47
	42.40	42.32	43.41	38.94		33.50	37.16	38.42	38.60
11	Williams, Grace	14	Neath	5:36.49		38.86	39.25	39.49	38.19
	36.32	41.36	42.87	43.16	Event 335 Boys 11-12 200 SC Meter Freestyle				
	43.66	45.00	44.46	39.66	Name		AgeTeam		Finals Time
12	Harris, Chloe	13	C Dolphins	5:39.72	1	Bool, Iolo	12	Haverfordwes	2:33.18
	37.82	42.69	44.18	44.40		35.12	39.74	40.01	38.31
	44.13	43.75	43.35	39.40	2	Jermin, Morgan	12	Llanelli	2:33.32
13	Fenemore, Emily G	13	Carmarthen	5:43.08		35.08	39.54	40.77	37.93
	37.80	42.48	43.48	44.33	3	Evans, Wolfgang	11	PembrokeDist	2:40.47
	44.50	44.15	44.03	42.31		36.26	41.92	42.46	39.83

West Wales Regional SC Championships 2025 - 14/11/2025 to 16/11/2025

Results - Session 7 (Warmup 2.35 - 3.35)

(Event 335 Boys 11-12 200 SC Meter Freestyle)									
Name		Age	Team		Finals Time				
4	Monan, Euan	12	Tenby		2:44.76		5	Thomas, Rhys	
	37.95	42.82	43.16	40.83			15	Haverfordwes	
5	Leahy, Herbie	11	Haverfordwes		2:45.95			30.78	35.00
	37.81	43.35	45.12	39.67			35.70	33.69	
6	Lewis, Gethin	11	Neath		2:46.10		6	Davies, Gethin	
	38.32	43.77	43.89	40.12			16	Milford Havn	
7	Lummis, Arthur J	11	NexusValleys		2:48.93			31.04	34.91
	38.52	44.40	44.91	41.10			36.23	34.23	
8	Whatmore, Finley	12	Milford Havn		2:50.70		7	Thomas, Tristan	
	41.14	44.68	43.70	41.18			15	Milford Havn	
9	Lewis, Ollie	11	Afan Valley		3:01.64			31.76	35.80
	40.84	47.63	48.57	44.60			36.27	35.66	
10	Fretwell, Logan	11	Milford Havn		3:06.77		8	Poole, Tomos	
	44.77	48.11	48.29	45.60			15	Afan Valley	
11	Mills, Flynn	11	Milford Havn		3:07.18			31.89	36.84
	43.62	48.01	49.14	46.41			38.02	36.16	
							9	Smith, Caelan	
							15	Haverfordwes	
							34.22	38.67	
							38.61	38.69	
					Event 335 Boys 17 & Over 200 SC Meter Freestyle				
Name		Age	Team		Finals Time				
1	Gillett, Oliver	18	Swansea Uni		1:49.09				
	25.22	27.51	28.35	28.01					

Event 335 Boys 13-14 200 SC Meter Freestyle

Name		Age	Team		Finals Time	
1	Harwood, Jack	14	Haverfordwes		2:07.80	
	29.15	32.01	33.47	33.17		
2	Elmes, Max	14	Carmarthen/Nofio Sir G		2:09.74	
	28.76	33.21	34.35	33.42		
3	Evans, Sam	13	Haverfordwes		2:11.40	
	30.60	32.89	34.59	33.32		
4	Fogarty, Oliver	13	Fishguard		2:13.94	
	31.29	34.22	34.39	34.04		
5	Noden, Rory	13	Haverfordwes		2:14.74	
	31.26	34.70	35.14	33.64		
6	Bevan, Driw	13	Llanelli		2:21.33	
	32.59	35.91	37.15	35.68		
7	Antwhistle, Isaac J	13	Swansea Aq		2:26.12	
	33.59	37.96	38.21	36.36		
8	Smith, Declan	14	Neath		2:26.22	
	32.55	36.70	38.69	38.28		
9	Marques-Jones, Felix	13	Carmarthen		2:29.64	
	34.35	39.57	38.90	36.82		
10	Higgins, Finley J	14	Swansea Aq		2:30.29	
	33.83	37.74	39.16	39.56		
11	Lewis, Henry	13	Neath		2:32.44	
	34.77	40.03	40.58	37.06		
12	Moore, Hari	13	Fishguard		2:37.29	
	36.01	40.59	41.69	39.00		
13	Jones, Dion R	14	Carmarthen		2:39.20	
	36.69	41.00	41.10	40.41		
14	Phillips, Gethin	14	Haverfordwes		2:40.31	
	35.16	40.94	42.86	41.35		
15	George, Kieran	14	Milford Havn		2:41.78	
	36.88	41.04	42.70	41.16		

Event 335 Boys 15-16 200 SC Meter Freestyle

Name		Age	Team		Finals Time	
1	Silverstone, Solomon	16	Haverfordwes		1:58.23	
	26.64	29.83	31.37	30.39		
2	West, Dexter	16	Fishguard		2:05.30	
	28.55	31.43	32.33	32.99		
3	Bennett, Finley	16	Haverfordwes		2:09.10	
	29.09	32.53	34.13	33.35		
4	Roberts-Truman, Harri	15	Neath		2:12.35	
	29.44	33.43	34.87	34.61		